



Breakfast Lunch & Tea Menu



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal	Toast or Cereal	Toast or Cereal	Toast or Cereal	Toast or Cereal
	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice
LUNCH	Mild Chilli Con Carne With rice	Fish Fingers, parsnip mashed potato and peas	Pork casserole with dumplings	Macaroni Cheese with sweet corn and toast	Jacket potatoes with beans or cheese and salad
	Fruit salad and Ice cream	Raspberry milk jelly	Banana and Custard	Angel delight	Yogurt
TEA	Cheese or Tuna Sandwiches with cucumber	Vegetable soup and bread	Spaghetti hoops on toast	Cheese on toast	Selection of cold cuts
	Fruit loaf	Syrup pancakes		Malt loaf	Bagels
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
NOTE	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.

