



Breakfast Lunch & Tea Menu



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Toast or Cereal	Toast or Cereal	Toast or Cereal	Toast or Cereal	Toast or Cereal
	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice
LUNCH	Lamb Spaghetti Bolognese	Jacket potatoes with cheese or beans	Chicken Curry and Rice	Pork Casserole with broccoli	Poached cod with parsnip mash and ratatouille
	Fresh fruit	Jelly Pots	Angel delight	Bananas and custard	yogurts
TEA	Beans on toast Malt Loaf Fresh fruit	Cheese on toast Syrup pancakes Fresh fruit	Selection of cold cuts Toasted bagels Fresh fruit	Spaghetti hoops on toast Fresh fruit	Cheese or ham Sandwiches with cucumber Fruit loaf Fresh fruit
NOTE	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.	Allergies and preferences will be individually assessed and appropriate alternatives will be offered.

